



Ergonomic Foot Rocker

Under-Desk Comfort and Productivity Enhancer, Two Rocking Motions, 277 x 502 mm (11 x 20 in.) Textured Surface, Black

Part No.: [462181](#)

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Rock your working world - this rocking footrest helps you be more comfortable and productive at your desk

The Ergonomic Foot Rocker from Manhattan lets you elevate, move and stretch your legs so you can work in greater comfort by improving your posture. Ideal for the home office and all jobs that require you to sit for long periods, this foot rocker reduces soreness and fatigue in your legs, feet and knees. You may like this rocking footrest so much that you also use it after work while sitting in your favorite chair at home.

Improve blood circulation while sitting

The rocking feature of this foot rocker lets you exercise your feet back and forth, so you can stretch your ankles and calves. Its reversible design lets you flip it over to use either side for quick or long rocking motions. It's just the right size at 277 x 502 mm (11 x 20 in.), so it's big enough for you to comfortably place your feet yet small enough to easily fit under your desk.

Non-slip surface

The textured platform surface prevents your feet from slipping, whether they're in socks, shoes or barefoot. You don't need to assemble any parts or use any tools since this cost-effective workspace addition is ready to use out of the box.

Features:

- Improves your posture and blood circulation at your desk for greater comfort and productivity
- Rocking feature so you can exercise your feet back and forth, helping to stretch your ankles and calves
- Ideally sized at 277 x 502 mm (11 x 20 in.) to give enough space for feet and to easily fit under your desk
- Reversible design offering two different bases so you can rock in quick or long motions
- Reduces soreness and fatigue in your legs, feet and knees
- Textured platform surface to prevent your feet from slipping
- Perfect for home office and any job that involves sitting at a workstation for long periods
- Ships fully assembled for instant use
- Lifetime warranty

Specifications:

General

- Weight capacity: 10 kg (22 lbs.)
- Dimensions (L x W x D): 277 x 502 x 135 mm (10.91 x 19.76 x 5.31 in.)
- Weight: 1.25 kg (2.76 lbs.)
- Material: plastic

Package Contents

- Ergonomic Foot Rocker



